

甄蘊而 YAN, Wan Yee (Vanis)

東華三院吳祥川紀念中學 TWGHs S. C. Gaw Memorial College

- 東華三院傑出學生獎 第二名 (2024) TWGHs Student of The Year - 1st runner up (2024)
- **東華三院學生大使(2023-2024)** TWGHs Student Ambassador (2023-2024)
- ② 童一天下青年領袖計劃 芬蘭交流團 代表團成員 (2024)

 "Scouts in One World" Young Leaders Programme Finland Exchange Tour Member of Delegation (2024)

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 "Tour Member
- 香港童軍總會 總領袖獎章 (2023) Scout Association of Hong Kong - Chief Scout's Award (2023)

何謂傑出?在世俗的觀念下,也許傑出就是才能出眾、在某方面擁有出色成就的人。但在我眼中,只要勇敢地嘗試不同事情,對事物充滿熱誠、面對挫敗也永不言敗,便能稱為傑出。

自信成就可能

「怯,你就輸一世」,這句說話出自於港產片《激 戰》。同時,這亦是我的座右銘。我出身於平凡的 家庭、來自一所平凡的學校、作為一個平凡的人, 只是一個再普通不過的中學生。我既沒有卓越的 才能,也不是贏在起跑線,六年前的我怎會想到 有一天能成為別人眼中的傑出學生。

還記得初中的時候,我是一個缺乏自信、膽小被動的人,連面對同學匯報也會緊張得顫抖。直至中三,我被老師推薦參選荃葵青優秀學生選舉。這個活動鍛煉了我的膽量,亦使我更加自信。透過和其他學校的傑出學生交流,我開始變得開朗主動,經常積極地參與各種活動,包括各種義工服務、學術比賽、體育競技、海外交流。

突破自身

很樂幸在高中時期,我被選為東華學生大使之一, 與另外二十五位傑出的學生代表東華三院出訪温哥 華。由於自小生活的圈子都離不開廣東話,令我對 於使用英語交流感到不安,而離開亞洲意味着我必 須克服這個弱點。一開始的我只會躲在同伴身旁, 但透過每天不懈地與他人以英語溝通,最終我也能



夠自信地和各機構的負責人對話。挑戰自我無疑是 困難和需要勇氣的,這過程卻能使我變得成熟,學 會堅定面對未來的不同障礙。

在芸芸眾多課外活動中,童軍對我的成長影響最深遠。加入童軍不知不覺已有七年。這七年間,童軍教會我的不僅是露營、遠足、繩結等實用技能,更重要的是培養了人際交往、團隊合作和領導才能等技巧。年幼時都是由年長的前輩領導我,教會我不同的技能。隨着年歲漸長便會角色轉換,如今我已成為獨當一面的領袖,能夠將所學傳授給後輩。這種薪火相傳的模式為我帶來滿足感和成就感,讓我深刻理解了人生真諦。

世上無難事,只怕有心人。正是因為過去勇於嘗試,不斷踏出自己的舒適圈,才能一步一步地堆砌出今天的我。能攀上這個高峰,不單止是對我的一種肯定,亦希望藉此激勵其他缺乏自信的人。儘管別人看不起,你也要相信自己。不受局限才能成就非凡。

What does it mean to be outstanding? Traditionally, it might refer to someone with talent and notable achievements in a specific area. However, I believe that being outstanding means being brave enough to try new things, passionate about your pursuits, and persistent in the face of setbacks.



Confidence Makes Things Possible

"Once you are afraid, you lose forever," a quote from the Hong Kong movie Unbeatable, serves as my motto. Coming from an ordinary family and attending an ordinary school, I considered myself just a typical secondary school student. I had no exceptional talents or advantages. Six years ago, I never imagined I would become an outstanding student.

As a junior student, I was timid and lacked self-confidence, even trembling during class presentations. In Form 3, my teacher recommended me for the Tsuen-Kwai-Tsing Brilliant Students Election. This experience boosted my courage and confidence. Interacting with exceptional students from other schools helped me become more open-minded and active. I began participating in various activities, including volunteer work, academic competitions, sports events, and overseas exchanges.

Breaking Through

In Form 5, I was honoured to be selected as a Tung Wah Student Ambassador, representing the Tung Wah Group of Hospitals on a visit to Vancouver. Since I rarely spoke English in daily life, I was nervous about using it. Going to Vancouver forced me to overcome this challenge. Initially, I stayed close to my peers, but with effort, I gained the confidence to communicate with association directors in English. Challenging myself was tough, but it helped me mature and prepared me to face future obstacles with determination.



Of all my extracurricular activities, scouting has had the most profound impact on my personal development. This is my seventh year as a scout. Scouting taught me practical skills like camping, hiking, and knotting, as well as interpersonal skills, teamwork, and leadership. Initially guided by seniors, I eventually became a leader myself, passing on my knowledge to juniors. This role brought me a deep sense of satisfaction and helped me understand the meaning of life.



Nothing is difficult for those who set their minds to it. By stepping out of my comfort zone, I gradually built confidence and resilience. Being recognized as an outstanding student is not only an achievement for me but also an encouragement for others who lack confidence. Everyone should believe in themselves—embracing endless possibilities is the path to becoming extraordinary.